

Horticulture - Autumn Term 2021

This term pupils are going to be working towards achieving an ASDAN Towards Independence award in Horticulture, which will include social and therapeutic horticulture sessions. Each session is tailored towards the pupil's individual learning styles and specific needs. Pupils in the Post 16 facility will continue to work towards gaining an ASDAN Short Course award in gardening. They will also have the opportunity to attend practical work experience sessions.

There are numerous benefits of a sustained and active interest in gardening which include:

- Improvement of physical health through exercise and learning how to use or strengthen muscles to improve mobility.
- Improvement of mental health through a sense of purpose and achievement.
- Being given the opportunity to connect with others - reducing feelings of isolation or exclusion.
- Acquiring new skills to increase confidence.
- Promote feeling better for being outside, being in touch with nature and in the great outdoors.

School Area	Autumn Term 1	Autumn Term 2
Belton	ASDAN Short Course Gardening <ul style="list-style-type: none"> • Research how to make compost. • Produce a leaflet informing others about composting. • Build a compost heap and learn how to look after it. • Produce a poster to show items that can or cannot be composted. 	ASDAN Short Course Gardening <ul style="list-style-type: none"> • Research plants that attract butterflies and bees. • Collect information on how to grow the plants identified. • Design a butterfly and bee friendly border. • Create a collage or poster of their design.

	<p>Towards Independence World of Work: Horticulture Assistant</p> <ul style="list-style-type: none"> • Induction - Preparing for the workplace • Practical gardening skills - propagation. • Collect & sow perennial seed. • Composting 	<p>Towards Independence World of Work: Horticulture Assistant</p> <ul style="list-style-type: none"> • Practical gardening skills - weeding and hoeing. • Tool safety • Spring bulb planting • Plant care - pruning
Sherwood	<p>ASDAN Towards Independence Horticulture</p> <ul style="list-style-type: none"> • Life skills - choose and use tools independently. • Tool safety • Identify tasks required to keep the garden tidy. • Composting • Collect and store seeds. • Practical gardening skills - weeding & hoeing. • Harvesting vegetables 	<p>ASDAN Towards Independence Horticulture</p> <ul style="list-style-type: none"> • Understand that plants seeds & bulbs may be harmful. • Handle & plant spring bulbs safely • Practical gardening skills - leaf raking & digging • Research British wildlife • Make a bird box. • Make bird feeders
Rufford	<p>ASDAN Towards Independence Horticulture</p> <ul style="list-style-type: none"> • Life skills - choose and use tools independently. • Tool safety • Identify tasks required to keep the garden tidy. • Composting • Collect and store seeds. • Practical gardening skills - weeding & hoeing. • Harvesting vegetables 	<p>ASDAN Towards Independence Horticulture</p> <ul style="list-style-type: none"> • Understand that plants seeds & bulbs may be harmful • Handle & plant spring bulbs safely • Practical gardening skills - leaf raking & digging • Make bird feeders. • Complete a bird spotter survey. • Make wildflower seed bombs

School Area	Autumn Term 1	Autumn Term 2
Clumber	<p>ASDAN Towards Independence Horticulture</p> <ul style="list-style-type: none"> • Life skills - choose and use tools independently. • Awareness of tool safety • Sensory input - soil exploration - mud art • Practical gardening skills - weeding and hoeing. • Collect and store seed. 	<p>ASDAN Towards Independence Horticulture</p> <ul style="list-style-type: none"> • Understand that plants seeds & bulbs may be harmful. • Handle & plant spring bulbs safely • Practical gardening skills - leaf raking & digging. • Make wildflower seed bombs. • Make bird feeders.
Sconce	<p>ASDAN Towards Independence Horticulture</p> <ul style="list-style-type: none"> • Life skills - choose and use tools independently. • Awareness of tool safety • Sensory input - soil exploration- mud art • Practical gardening skills - weeding and hoeing. • Collect and store seed. 	<p>ASDAN Towards Independence Horticulture</p> <ul style="list-style-type: none"> • Understand that plants seeds & bulbs may be harmful. • Handle & plant spring bulbs safely • Practical gardening skills - leaf raking & digging. • Make wildflower seed bombs. • Make bird feeders.